

CURRICULUM VITAE

PERSONAL INFORMATION

Name: Judygrace Monyangi Ombati

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County: Kakamega

Gender: Female.

Profession: Oncology and Palliative Care Nurse Practitioner and Educator

Masinde Muliro University of Science and Technology(MMUST)

CAREER OBJECTIVE

To be a leader in nursing research and education.

KEY SKILLS GAINED OVER THE YEARS

- An experienced oncology and palliative care nurse with passion in pain and other symptom management.
- Trainer in oncology and palliative care nursing core courses.
- Collaboration.
- Communication skills.

EDUCATION

September 2019 (on going)

- PhD- Doctor of Philosophy in Nursing
School of Nursing, Midwifery and Paramedical Sciences
- Masinde Muliro University of Science and Technology(MMUST)

2014-2018

- Master of Science in Advanced Nursing Practice (Oncology and Palliative Care)
- Masinde Muliro University of Science and Technology(MMUST)

2009 – 2012

- Bachelor of science in Nursing
- Masinde Muliro University of Science and Technology(MMUST)

2005- July 2007

- Diploma in Nursing
- Kenya Registered Community Health Nursing (KRCHN)
- Kenya Medical Training College

1999 – 2002

- Certificate in Nursing
- Kenya Enrolled community health Nursing
- Kenya Medical Training College

PROFESSIONAL/WORK EXPERIENCE

Masinde Muliro University of Science and Technology(MMUST)

2020 – up to date

Tutorial Fellow in the department of Clinical Nursing and Health informatics

Responsibilities

- Day to day teaching of undergraduate students.
- Research supervision.
- Coordination of oncology and palliative nursing courses.
- Maintaining subject matter expertise for teaching activities.
- Administering clinical, virtual and classroom teaching for undergraduate programs.
- Participating in development of course and other related curriculum.
- Designing appropriate eLearning materials in coordination with my senior staff members.
- Facilitating students for various workshops and simulation activities.

Masinde Muliro University of Science and Technology(MMUST)- School of Nursing, Midwifery and Paramedical Sciences

2018-2019

Part time teaching to undergraduates in the department of Nursing Research, Education and Management

2009-2020

Kakamega General Hospital - Nurse In-charge, oncology department

Key Responsibilities:

- Integration of palliative care into oncology services
- Advocating for individualized and holistic care that addresses the physical, social, physiological, psychological, spiritual and economic needs of the persons and families affected with cancer
- Implementing and evaluating outcomes of evidence based and other clinical interventions
- Coordinating and mentoring of colleagues and students on different areas of patient care

- Patient follow-up
- Coordinating patient support group

Achievements

- Implementation of Point of Care(POC) mode of documentation that uses modern computers and Tablets rendering the department paperless in 2019
- Implementation of regular Tele-Conferencing and Tumor boards with other Health facilities to include MTRH, JOOTRH, KTRH, TENWEK that made diagnosis and patient review and follow up easy.
- An all-cancers support group that meets monthly to offer psychosocial support to cancer patients

2006 - 2009

International Rescue Committee(IRC), Kakuma refugee camp

- Worked as a clinical nurse
- Repatriation team member

2002-2005

Family planning association of Kenya

- Worked as a youth friendly VCT counselor
- VCT outreaches to remote areas
- Educating and sensitizing women on contraceptives
- Counseling youth on safer sex practices

COMMUNITY SERVICE

- **CAP youth empowerment program:** empowering youth with cancer information
- **Hope for cancer foundation:** Supporting cancer treatment navigation and linking survivors to support groups.
- Mentoring cancer support groups
- **Soroptimist International club:** Unpackaging cancer information to women in different fora of cancer awareness campaigns
- **KWFT:** educating clients on health issues during business meetings
- **Church health programs-** SDA church health programs of Health promotion, prostate cancer education, screening of cervical and breast cancer
- Participation in Promotion of cervical and breast cancer screening conducted by Family Health Options, Faraja, Soroptimist International, AMPATH and the county Government
- Raising community awareness for different cancer screenings during cancer months – **KTN Cup of Cancer documentary**

OTHER PROFESSIONAL TRAINING

- Pain management in Cancer patients
- Quantitative and qualitative research methods
- IQWave Dynamic-Electro Enhanced Chemotherapy
- Clinical Breast and Cervical cancer screening, Colposcopy/Biopsy, LEEP and Core Biopsy

- Senior management course
- Pediatric Oncology
- Chemotherapy safe Handling
- Sickle cell Disease and Hemophilia
- Occupational safety and health
- Introduction to Palliative care
- ART training on HIV/AIDS Care management
- Training of trainees (TOT)
- Integrated management of childhood illness (IMCI)
- Malaria management
- Palliative care for health professionals
- Prevention of Mother to Child Transmission (PMTCT) of HIV
- Reproductive health/Family planning course
- Voluntary counseling and testing of HIV
- TB and TB/HIV management

Publications:

1. JM Ombati, J Okoth and C Mutai (2018). Assessment of Factors influencing Morphine use on Cancer Pain Relief in Adult Cancer patients in Kakamega county General Hospital, Kenya-Africa. Vol. 8. No. 1. 2018. Journal of Life Sciences (ISSN: 2277-193x) SJIF: 5.79
2. Ombati, J. (2020). Criteria used to influence morphine use on cancer pain relief in adult cancer patients in Kakamega county general hospital ...DOI:10.24203/ajpnms.v8i6.6421

Presentations:

1. **Factors influencing use of Morphine in cancer pain management** Paper presented at the Kenya oncology nurses chapter at Mombasa, Kenya in 2017.
2. **Role of oncology nurse practitioner in cancer care** Paper presented at the Kenya oncology nurses chapter at Kisii, Kenya in 2010.

PROFESSIONAL MEMBERSHIP

Oncology Nurses Chapter

National Nurses Association of Kenya (NNAK)

Kenya Hospices and Palliative Care Association(KEHPCA)

African Palliative Care Association(APCA)

Kenya Society of Hematology and Oncology(KESHO)

REGISTRATION

Nursing Council of Kenya

REFEREES:

Prof Col (Rtd) John Okoth

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