

## **CURRICULUM VITAE**

### **PERSONAL DETAILS**

**NAME:** Jasper Situma Wekesa.  
**OCCUPATION:** Assistant Lecturer-Masinde Muliro University of Science and Technology.  
**ADDRESS:** 40-50206, Bokoli.  
**PHONE NO:** 0723373066 / 0722392351/0726950462.  
**ID NO:** 23772247.  
**PLACE OF BIRTH:** Bungoma East.  
**DATE OF BIRTH:** 13<sup>th</sup> June 1983.  
**MARITAL STATUS:** Married.  
**GENDER:** Male.  
**RELIGION:** Christian.  
**EMAIL:** [jasituma@yahoo.com](mailto:jasituma@yahoo.com) or [jwekesa@mmust.ac.ke](mailto:jwekesa@mmust.ac.ke)

### **EDUCATION**

#### **HIGHER EDUCATION**

##### **DECEMBER 2020**

PhD student in Sports Science (MMUST).

##### **APRIL 2015-2020**

Master of Science in Health Promotion and Sports Science at Masinde Muliro University of Science and Technology.

##### **AUGUST 2005 – DECEMBER 2009**

Bachelor of Science (Sports Science) Second class Honors Degree (upper Division) from Kenyatta University.

#### **SHORT COURSES ATTENDED**

##### **MAY-AUGUST 2008**

Certificate in HIV/AIDS Guiding and Counseling (Hope and Care Association).

##### **AUGUST 2008**

Certificate in Trainer of Trainees in HIV/AIDS Guiding and Counseling (Hope and Care Association).

##### **AUGUST 2008**

Certificate in computer applications (Bungoma Teachers College).

**Aug. 2007:** Certificate of participation in Special Olympics (Kenyatta University).

## **SECONDARY EDUCATION**

### **2001 – 2003:**

Mahanga Friends Secondary School, KCSE aggregate grade B+ (plus).

### **1999-2000**

Friends Secondary School Miendo.

## **PRIMARY EDUCATION**

**1989 – 1997:** Miendo primary School.

## **PROFESSIONAL EXPERIENCE**

### **JULY 2021-DATE**

Assistant Lecturer at Masinde Muliro University of Science and Technology.

### **APRIL 2010-FEBRUARY 2011**

District Sports Officer In-charge of Four Districts; Wajir East/West/Eldas/Tarbaj Districts in North-Eastern Province in the Ministry of Youth Affairs and Sports.

#### **TASKS**

Planning and organizing sports events, talent identification, Facility development and acquisition, procurement of sports equipment, coaching and organizing sports trainings for coaches and clubs in the Districts, attending District Executive (DEC) and District Development Committees (DDC) and a member of District Sub-committee on youth matters at the Districts.

#### **ACHIEVEMENTS**

Construction of a Stadium at Griftu in Wajir West District and producing two players in the Kenya Premier League.

### **JANUARY 2010 – APRIL 2010**

Physical Education/Science Tutor at Chwele Teachers Training College.

### **SEPTEMBER 2009 –DECEMBER 2009**

Physical Education Tutor at Bungoma Teachers Training College.

### **MAY 2009-AUGUST 2009**

Supervisor Field maintenance at Kenya Science University College during my Internship.

### **MAY-AUGUST 2009**

Internship at the University of Nairobi and its constituent Colleges.

### **AUGUST 2008**

Equity – Kenyatta University Community Service at Miendo Health Centre.

### **DECEMBER 2007:**

Served as a Voters clerk in the general election.

**MAY-AUGUST2007:**  
Teacher Miendo Primary School.

**MAY-AUGUST2006:**  
Teacher Marble Junior Academy.

**NOVEMBER 2003 –AUGUST 2005:**  
Teacher Namawanga ERSF Primary School.

### **PROFESSIONAL SEMINARS, CONFRENCES AND WORKSHOPS ATTENDED**

**JUNE 7<sup>TH</sup> –JULY 4<sup>TH</sup> 2021:** Online Pedal training: Technology for Transformative Pedagogy.

**SEPTEMBER 1<sup>ST</sup>-3<sup>RD</sup> 2020:** Attended a virtual onsite training workshop run by BRECCIA project and SARIMA on Research and Grants management.

**FEBRUARY 2020:** Member of exhibition committee in the Inter-Disciplinary International Conference in MMUST

**AUGUST 2018:** Attended an ISO 9001:2015 Transition, Change and Impact awareness training for Implementers at MMUST.

**23<sup>RD</sup> APRIL 2018:** Attended a one day workshop on Information Security Management System at Masinde Muliro University of Science and Technology.

**20<sup>TH</sup> DECEMBER 2017:** Attended a one day Anti-doping Education workshop for coaches and sports Officers at Shieywe guest Hotel-Kakamega.

**OCTOBER 15<sup>TH</sup>-18<sup>TH</sup> 2017:** Attended an International Team Physician Course by American College for Sports Medicine in Injury management for Athletes at Masinde Muliro University of Science and Technology

**SEPTEMBER 26<sup>TH</sup>- 29<sup>TH</sup> 2017:** Attended an E-Lab workshop at Masinde Muliro University of Science and Technology.

**MARCH 2017:** Attended a Three day Kenyan University exhibitions at Catholic University of Eastern Africa.

**AUGUST 2016:** Attended one day ERP training for timetabling and examinations coordinators at Masinde Muliro University of Science and Technology.

**MARCH 2016:** Attended a three day Kenyan University exhibitions at Flamingo Beach Resort in Mombasa.

**NOVEMBER 2015:** Attended a performance contracting awareness session at MMUST

**JULY 16<sup>TH</sup>-17<sup>TH</sup> 2015:** Attended a two days staff peer Education Training at Jamindas Paradise Motel.

**JUNE 29<sup>TH</sup> - JULY 1<sup>ST</sup> 2015:** Attended an International conference on East African Athletics and Social Sciences and presented a paper at Addis Ababa University, Ethiopia

**MAY 5<sup>TH</sup>-7<sup>TH</sup> 2015:** Attended a 3 days staff Induction and E-Learning moodle training workshop

**MARCH 18<sup>TH</sup>-20<sup>TH</sup> 2015:** Attended Busia International Investors Conference as a delegate and Exhibitor.

**MARCH 5<sup>TH</sup>-7<sup>TH</sup> 2015:** Attended National ASK show in Eldoret at Eldoret show Ground as an Exhibitor.

**JAN. 23<sup>RD</sup>-24<sup>TH</sup> 2015:** Attended Cricket Coaching Course at Masinde Muliro University.

**14<sup>TH</sup> NOV. 2014:** Attended Departmental workshop on proposal Development and Presentation.

**JUNE 2014:** Attended ASK Show Kakamega as a participant and carried out quick tests on the public on chronic and cardiovascular diseases (19<sup>th</sup>-21<sup>st</sup> June 2014).

**JUNE 2014:** Attended a three day joint Franco- Kenyan International workshop on Social Science Research Method Workshop at Masinde Muliro University of Science and Technology (9<sup>th</sup>-11<sup>th</sup> June 2014).

**MARCH 2014:** Attended a three day Kenyan University exhibitions at Poa place Eldoret (27<sup>th</sup>-29<sup>th</sup> march 2014 as an exhibitor.

**JUNE 2013:** Attended a three day Kenyan University exhibitions at KICC grounds Nairobi (20<sup>th</sup>- 22<sup>nd</sup> June 2013) as an exhibitor.

**JAN 22<sup>ND</sup>-FEB 11<sup>TH</sup> 2013:** Attended a Koha Library Management System training at MMUST

**JUNE 2012:** Attended a five days roll ball coaching and refereeing clinic at Kisumu.

**MARCH 2012:** Attended a three day Kenyan University exhibitions at Embu Government training institute in Embu as an exhibitor.

**MARCH 2011:** Attended ISO seminar at Masinde Muliro University of Science and Technology.

Attended a one week Kenyan University exhibitions at Golf Hotel in Kakamega as an exhibitor.

**FEBRUARY -2011:** Attended Four days Performance contracting course at Almond Hotel in Garissa

**AUGUST- 2010:** Attended an Induction course for Sports Officers at Embu Government Training Institute.

### **DUTIES AND RESPONSIBILITIES**

#### **OCTOBER 2020 TO DATE**

Course Allocation, Timetabling and Attachment Co-ordinator in the Department of Health Promotion and Sports Science at Masinde Muliro University of Science and Technology.

#### **MAY 2019 TO DATE**

Board Member, Board of management and Chairman of Education sub-committee at Miendo Secondary School.

#### **FEBRUARY 2019 TO DATE**

Departmental Outreach Coordinator and Fitness Administration.

#### **MAY 2015 TO FEB 2019**

Coordinator Examinations and Timetabling in the Department of Health Promotion and Sports Science at Masinde Muliro University of Science and Technology.

#### **AUGUST 2016 TO DATE**

Committee Member of AIDS control Unit at MMUST

#### **DECEMBER 2015 TO MAY 2019**

Board Member, Board of management and Member of Education sub-committee at Miendo Secondary School.

#### **JULY 2015 TO DATE**

Committee member on school of Public Health, Biomedical Sciences and Technology attachment program

#### **FEBRUARY 2015**

Committee member on Tamasha student activities at MMUST

#### **JANUARY 2011-2015**

In-charge of Recreation Center in the Department at the University

#### **JUNE 2013-DATE**

Loans Officer Bungoma County Welfare Association Masinde Muliro University Staff Chapter

#### **FEBRUARY 2013 to DATE**

In-charge of Outreach programmes and a member of attachment sub-committee in the School of Public Health, Biomedical Sciences and Technology at Masinde Muliro University of Science and

Technology.

**JUNE 2012- 2015**

President Roll Ball Federation Western Region

**JANUARY 2012 to FEB 2019**

In-Charge of attachment and Internship programmes in the department of Health Promotion and Sports Science at Masinde Muliro University of Science and Technology.

**AUGUST 2011-DATE**

In-charge of Fitness and Community Outreach programs at the Department of Health Promotion and Sports Science and member at the School of Public Health, Biomedical Sciences and Technology.

**MARCH 2011- MARCH 2014**

Treasurer, GRANDPCS welfare Association-MMUST

**FEBRUARY 2011 –DATE:**

Fitness instructor and in-charge of the training facility (skills lab) at Masinde Muliro University of Science and Technology

**JUNE 2010-MARCH 2011**

Member of District Development Committee and District Executive Committee at Wajir East/West/Eldas Districts

**JANUARY - APRIL 2010**

Assistant Technical Advisor, North-west Teachers Training colleges sports competitions.

**MAY-AUGUST 2009**

Supervisor Field leveling/landscaping at Kenya science.

**JANUARY2007 –DECEMBER 2008**

Organizing Secretary Kenyatta University Bungoma Students Association

Publicity secretary/CDF representative Kenyatta University Webuye Students Association

**JANUARY 2006 – DECEMBER 2006**

Secretary General Kenyatta University Webuye Students Association.

**NOVEMBER 2003 – AUGUST 2005**

Games/gardens master Namawanga ERSF School.

**RESEARCH EXPERIENCE**

1. Currently working on my PhD proposal.
2. Carried out fitness assessment on quick tests during Kenyan Universities Exhibitions at KICC in June 2013.
3. Carried out assessment on the role of life skills training in schools at Masinde Muliro

University of Science and Technology

4. Carried out Fitness Assessment on Western Stima Premier league Club
5. As part of career fulfillment at undergraduate, I carried out research on:  
“Analysis of anthropometric characteristics of Kenyatta University runners and rugby players”
6. I made a solar heater using plane mirrors which I presented to science congress in high school.
7. I also presented a simple mathematics using ten fingers in high school science congress.

## **PUBLICATIONS**

Oloo M.O., **Wekesa,J.S.**, Mogaka,E.S, Issah W. K. 2017. “Effects of Aerobic Exercise on mood state of University Students: A Quasi-Experimental Approach”, International journal of current research,9,(11),61107-61112.

Oloo M. O., Issah W. K., and **Wekesa,J.S.**, “Health Behaviour Intentions and Barriers to Physical Activity among Health Science Students: Exploring General Self Efficacy as a Mediator.” Journal of Physical Activity Research, vol.5, no. x (2017)

**Wekesa J.S.**, Bukhala, P. Nguka, G.: Status of Disability Sports Policy Implementation in Schools in Kakamega County, Kenya. International Journal of Educational Policy Research and Review (ISSN 2360-7076). Vol.4 (9), pp. 210-216September, 2017

Waijanjo L, Kweyu I, Bukhala P, Mse E, Odiango R, Sabiri S, **Wekesa, J**; Prevalence of Cumulative Trauma Disorders among Computer User Employees in Kakamega County. Asian journal of applied science (ISSN: 2321- 0893) Volume 4-Issue 5, October 2016.

## **HOBBIES AND INTERESTS**

1. Participating in Athletics, Netball, Aerobics and Volleyball
2. Research, teaching and presentations
3. Story telling/reading scientific articles
4. Photography

## **REFEREES**

1. Dr. Issah Wabuyabo Kweyu,  
Lecturer, Department of Sports Science.  
Masinde Muliro University of Science and Technology  
P.O. Box 190-50100 Kakamega  
Phone No 0723951933.
2. Prof. Edwin Wamukoya,

Dean, School of Public Health, Biomedical Sciences and Technology,  
Masinde Muliro University of Science and Technology  
P.O. Box 190-50100 Kakamega  
Phone No: 0720451290.

- 3 Dr. Elizabeth Mse  
CoD-Department of Sports Science  
Masinde Muliro University of Science and Technology  
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Sign: 

Date: 04/08/2021

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