

CURRICULUM VITAE



PERSONAL INFORMATION

Names Issah Kweyu
Date of birth: 1975
ID .NO: 13351081
Citizenship: Kenyan
Marital status: Married
Languages: English and Kiswahili
Present Address: Masinde Muliro University of Science and Technology
P. 0 Box 190 -50100 Kakamega

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EDUCATION BACKGROUND

2021: Doctor of philosophy (Sports Science) Masinde Muliro University of Science and Technology

2007: MSc. Exercise, Recreation & Sports Science, Kenyatta University

2002: Bachelors of Education Arts, Kenyatta University Second Class Upper Division

1996: Kenya Certificate Secondary Examination at Shinoyi Secondary School. Mean Grade B-

1989: Kenya Certificate of Primary Education at Musango Primary School

EMPLOYMENT HISTORY

April 2011 to December 2017

Head of Department (HoD) and Lecturer in the Department of Health Promotion and Sports Science
Masinde Muliro University of Science and Technology

April 2009 - April 2010

Tutorial fellow at the Department of Physical and Health Education
Kenyatta University

June 2004 – April 2009

Fitness Instructor: Health and Recreation Centre
Kenyatta University

APPOINTMENTS /COMMITTEES/AWARDS

1st March 2020

Appointed as Coordinator Extension Services and Outreach Unit of Masinde Muliro University of Science and Technology

27th September 2016

Appointed as Chairman of Departments Representative in University Management Board

15th April 2016

Appointed acting Dean – School of Public Health Biomedical Science & Technology

5th February 2016

Appointed Co - Chair of Hospitality Committee of the 10th MMUST International Conference

April 2016

A member of Local Organising Committee for 1st Mmust Youth Leadership Summit held at Masinde Muliro University of Science Technology in April 2016

21-23rd September 2016

Rapporteur: The 2nd International conference on Physical Activity and Sports for Health and Development in Africa (PASHDA) on 21-23rd September 2016 at Kenyatta University, Kenya

18th December 2015

Second best Quality Management System Auditor of the year during Masinde Muliro University of Science Technology Gala Dinner Awards 2015.

28th March 2014

Appointed as a member of the university Tender Committee

19th May 2014

Appointed as a Deputy Chair Person to the Tender Evaluation Committee

21st August 2014

Re - appointed as chairman Department of Health Promotion and Sports Science

23rd May 2013

Appointed Coordinator Quality Assurance Committee School of Health Sciences

24th August 2012

Appointed Member of MMUST Internal Quality Audit Committee

24th August 2012

Appointed a member of MMUST ISO Steering Committee

22nd May 2012

Appointed Peer reviewer of MMUST Quality Management System in readiness for ISO 9001:2008 certification

June 10th 2011

Appointed as acting Chairman Department of Health Promotion and Sports Science

23rd December 2010

A member of Local Organizing Committee during East Africa University Games held at Kenyatta University in 2010.

May 2008

Awarded certificate of recognition for contribution towards Kenyatta University attainment of ISO9001:2008 certification

April 2007

Awarded certificate of recognition as a research assistant in research project entitled ‘Effects of Mental Training on the Performance of College Aged Distance Athletes’ held at Kenyatta University

FACILITATION IN TRAININGS/ CONFERENCES & WORKSHOPS

May 14th 2022

Team building facilitator – Namundera secondary school staff teambuilding at Rowcena Hotel in Busia

4th – 8th April 2022

Life skills facilitator: Boot Camp for School Teenagers in Siaya County at Hafumbure Primary School, Ugenya.

1st - 3rd January 2022

Team building facilitator – Ministry Of Social Services, Sports, Youth, Women Empowerment and Culture - Kakamega County at Sosa Cottages- Vihiga

December 2021

Team building facilitator – Department of Civil and Structural Engineering- Masinde Muliro University of Science and Technology held at KWS campsite of Kakamega forest.

April 2021

Team building facilitator – Kaimosi Friends University College OSHA Committee at Kaimosi.

21st – 23rd August 2019

Team building facilitator – Rift Valley Technical Training Institute –held at Alps Hotel Nakuru

21st – 23rd March 2019

Team building facilitator – Kakamega County Service Board – Kakamega branch held at Mumias Hotel

9th April 2019

Team building facilitator – Mahiakalo Primary school staff – Kakamega branch held at Mahiakalo Primary School

20th April 2019

Team building facilitator – Shianderema Secondary School Staff –held at Bishop Stam pastoral Care Centre

19th – 20th May 2017

Team building facilitator – Kenya Urban Roads Authority – Kakamega branch held at Sunset Hotel Kisumu

25th -27th January 2017

Team building facilitator – Handball Coaching Clinic held at Masinde Muliro University of Science and Technology

1st – 5th June 2016

Facilitator: Grant Proposal Writing Resource Mobilization Strategy & Capacity Building held at Busia agricultural training centre

28th 29th April 2015

Facilitator: Team building in induction course for Deans, Directors and HoDs of Masinde Muliro University of science and technology held at Bishop Stam Pastoral Care Centre

28th 29th April 2015

Facilitator: An induction course for Deans, Directors and HoDs of Masinde Muliro University of science and technology held at Bishop Stam Pastoral Care Centre

19th 21st August 2015

Team building facilitator- retreat for MMUST Council, University Management Board, Deans and Directors held at Beach Hotel in Mombasa

11th – 14th March 2009

Chief facilitator: Mathare Youth Sports Volunteers' Sports and Administration Training held at Kenya College of Accountancy (KCA University)

24th – 28th November 2008

Facilitator: Ministry of Education Physical Educational Workshop for Lecturers from Teacher Training Colleges in Kenya

18th 30th December 2009

Facilitator: Physical Exercise and Fitness Awareness Camp held at the E.A.S.T College and Embu Main Prison

2nd -16th November 2008

Facilitator: International Military Sports Council (CISM) 3rd African Development Centre Boxing Coaching Course held in Nairobi, Kenya

1st -12th April 2006

Facilitator: Physical Trainers Instruction Course at Kenya Police Training College- Kiganjo

7th – 11th February 2005

Facilitator: Sports Management Course held at Kenya Police Training College- Kiganjo

23rd July 2002

Walk race judge during Kenya Teachers Colleges Sports Association Intercollegiate Championships held at Migori Teacher training college

24th – 25th November 1999

Volunteer official at Nairobi province Special Olympics games held at Moi International Sports Centre - Kasarani

CONFERENCES/WORKSHOPS ATTENDED

19th -22nd August 2019

Underwent a course by TVET- CDACC for Assessors and Verifiers held at Masinde Muliro University of Science and Technology

25th -27th February 2017

Volunteer during National Para Volley competitions held at Masinde Muliro University of Science and Technology

21-23rd September 2016

Attended the PASHDA Conference held at Kenyatta University Nairobi, Kenya

1st – 5th June 2016

Participated in Grant Proposal Writing Resource Mobilization Strategy & Capacity Building held at Busia agricultural training centre

24th -26th May 2016

Participated in the 10th MMUST International Conference on Health held at Bishop Stam Pastoral Care Centre, Kakamega

1st – 4th March 2016

Participated in Discipline Management and Industrial Relations Programme for Masinde Muliro University of Science and Technology

20th -22nd May 2015

Attended a training on confidentiality and security of information conducted by national intelligence services

9th -12th June 2015

Attended International conference on New Paradigms in National and International Security held at Masinde Muliro University of science and technology 9-12th June 2015- Kakamega – Kenya

29-30th June 2015

Attended East African Athletics and Social Sciences International Conference held at university of Addis Ababa – Ethiopia

May 2015:

Attended Quality Management System – ISO 90012:2008 training held at Masinde Muliro University of Science and Technology, Kakamega.

9th – 11th June 2014

Participated in A Social Science Research Methodology Workshop held at Masinde Muliro University of Science Technology

23rd – 24th January 2014

Attended university multiplication workshop on curriculum review and development for public universities in Kenya: implementation and accreditation

15th -17th January 2014:

Internal quality audit refresher course by apex management systems- Masinde Muliro University of Science and Technology, Kakamega.

February 2014:

Attended Bioethics and Bio-Safety Review Training held at Masinde Muliro University of Science and Technology, Kakamega.

May 2013

Attended the International Paralympics Committee Athletic Technical Course held at Kasarani Nairobi – Kenya

4th August 2012

Attended Special Olympics volunteers training seminar held at Kenyatta University

6th – 9th June 2012

Attended the 9th Biennial World Confederation of Physical Therapy –Africa Region Congress held at Nairobi – Kenya

3rd – 6th July 2012

Participated in AIDS Control Unit Training Workshop on Integrating HIV/AIDS into university functions held at Busia Farmers Training Centre

June 2012:

e- Learning (Moodle Environment) - Masinde Muliro University of Science and Technology, Kakamega.

6th – 9th June 2012

Attended 9th biennial World Confederation of Physio Therapists –Association Congress held in Nairobi Kenya.

5th – 7th August 2011

Attended Kenya Handball Federation National Coaching Course held at Masinde Muliro University of Science and Technology, Kakamega.

13th -15th May 2011

Attended the Kenyatta University /IPC – Sports Science Committee Workshop held at Kenyatta University

16th -18th November 2010

Attended the 2010 East Africa Universities Pre-Games International Symposium held at Kenyatta University - Kenya

6th -8th June 2010

Attended The 17th Biennial International Conference of the International Society of Comparative Physical Education and Sport (ISCPES) held on at Kenyatta University Nairobi, Kenya.

17th -18th February 2010

Attended the 2nd International Health Care Conference held at Masinde Muliro University of Science and Technology, Kakamega- Kenya

13- 16th October 2009:

Attended 2nd International Tennis Federation (ITF)/OSE.A workshop hosted by Kenya Lawn Tennis Association at Nairobi club

11th – 19th November 2009:

Wilderness First Responder by wilderness medical associates – Wilderness Medical Associates

19th February 2008:

Quality Management System; Internal quality auditing course by SGS held at Kenyatta University

August 2007:

Special Olympics; Kenya Volunteers Training- Kenyatta University

24th – 26th April 2007:

ISO - Quality Management System; Internal Quality Auditing Courses by Kenya Bureau of Standards

19th – 21st March 2007:

ISO - Quality Management System; Documentation and Implementation by Kenya Bureau of Standards

9th – 11th November 2005

Attended 6th biennial Africa association for Health, Physical Education, Recreation, Sports and Dance (AFAHPER-SD) scientific conference held at Kenyatta University, Nairobi, Kenya.

December 2004

Attended The East Africa Inter-Universities Pre-Games Scientific Conference held at Kenyatta University

December 2001:

Participated in 10 days Outdoor pursuit, Leisure and Recreation course at Mt Kenya National Park

17th – 20th April 2000

Participated in the National Conference on Higher Education for Human Development in Kenya held at Kenyatta University

20th – 22nd 1999

Participated in 3rd East Africa University games held at Egerton University

PAPER PRESENTATIONS IN CONFERENCES/SEMINARS/WORKSHOPS

- 1) Bukhala, P. & Kweyu Issah. Emergence and development of middle and long distance running athletics culture in Kenya. International conference on sports, economic, management, marketing and social aspects, Athens, Greece. May 2019

- 2) Sports and Media in Kenya paper presented to International Masters Students at university of Lille – France on 27th November 2015 at university of Lille, France
- 3) Sports Management in Africa: A Socio - Historical Perspective- paper presented to International Masters Students at university of Lille – France on 7th October 2015. at university of Lille, France
- 4) Socio - Economic Impact of Sports Tourism – The Case of Tegla Lorupe Peace Run – Kenya. Guest Speaker: International Research Network in Sports Tourism (IRNST) held on 2nd December 2015 at university of Lille, France.
- 5) Entrepreneurship opportunities in Sports Science profession: paper presented during 2015 MMUST Careers Week held on 6th – 8th April 2015
- 6) Assessment of fitness and training among university swimming athletes, Paper presented at the international convention on science education and medicine in sports held in Mendes convention Center-Santos-Brazil from - August 31st-4th September 2016
- 7) Inter-faith sports for world peace: paper presented at East Africa inter-universities Pre-Games Scientific Conference held at Kenyatta University December 2004
- 8) Sports Nutrition: a religious perspective: paper presented at 6th biennial scientific conference of the Africa association for health , physical education , recreation ,sports and dance held at Kenyatta University 9 - 11th November 2005
- 9) Religion and sports : Fasting and Fitness : paper presented at 6th biennial scientific conference of the Africa association for Health , Physical Education , Recreation ,Sports and Dance held at Kenyatta University 9 - 11th November 2005
- 10) Exercise prescription for expectant and breastfeeding mothers. Paper presented at the 2nd International Health Care Conference held on 17th -18th February 2010 at Masinde Muliro University of Science and Technology, Kakamega- Kenya
- 11) Cardiac Sudden death a concern to sports fraternity presented at The 17th Biennial International Conference of the International Society of Comparative Physical Education and Sport (ISCPES) held on 6th -8th June 2010 at Kenyatta University Nairobi – Kenya.
- 12) Counter terrorism through sports. paper presented at the international conference on new paradigms in national and international security held at Masinde Muliro University of science and technology on 9-12th June 2015- Kakamega – Kenya
- 13) Socio-Cultural determinants of Kenyan Middle and Long Distance Runners during East African athletics and social sciences international conference held 29-30th June 2015 at University of Addis Ababa – Ethiopia

- 14) Higher Education Status for Persons with Disabilities: Socioeconomic Challenges in Public Universities in Kenya. 1st Biennial Conference on the State of Higher Education in Kenya held on 24th August 2016 at Kenyatta University, Nairobi, Kenya.
- 15) Emergence and Development of Athletics Culture in Kenya. Paper presented during the PASHDA Conference held at Kenyatta University 21-23rd September 2016
- 16) Benefits of exercise to expectant mothers as perceived by nursing students in selected medical training colleges in Kakamega, Kenya. ~~Paper presented during the PASHDA Conference held 21st – 23rd September 2016 at Kenyatta University~~
- 17) Covid-19 and Nature: The Interconnections. ~~Paper presented during the PASHDA Conference held 21st – 23rd September 2016 at Kenyatta University~~

RESEARCH PUBLICATIONS/PROCEEDINGS

1. Micky Olutende Oloo, Maximilla N. Wanzala, Issah Kweyu Wabuyabo, Anthony Muchiri Wangui (2019) Academic self-efficacy, attitudes and knowledge among undergraduate biostatistics students European Journal of education studies Volume 5 | Issue 12 | 2019.
2. Wangui Anthony Muchiri*, Oloo Micky Olutende, Issah W. Kweyu (2019) Concussion: A Growing Concern in the Rugby Fraternity *American Journal of Sports Science and Medicine*, 2019, Vol. 7, No. 1, 10-15. Available online at <http://pubs.sciepub.com/ajssm/7/1/2> Published by Science and Education Publishing. DOI: 10.12691/ajssm-7-1-2
3. Issah Kweyu; Edwin Wamukoya; Shakeel Ahmad (2011). Socio - economic factors affecting Muslim Student Participation in Sports in Kenya Public Universities; Journal of School of Human Applied Sciences- Kenyatta University. ISSN : 2070- 917X
4. Book Chapters: Wabuyabo, I.K, Bukhala, P. W & Gaudin, B. Socio-cultural determinants of athletics abilities among Kenyan elite and sub-elite middle and long distance runners. In Gaudin, B. & Wolde, B. (eds) 2017. *Kenyan and Ethiopian Athletics: Towards an alternative scientific approach*. Addis Ababa: IRD/CFEE pp.41-50.
5. Author: Islam and Sports Participation by LAP LAMBERT Academic Publishing GmbH & Co. KG. ISBN: 978-3-8465-0695-0. 2011

6. Wabuyabo, I., Bukhala, P., Benoit, G. (2017) Social-Cultural Determinants of Athletic Abilities among Kenyan Elite and Sub Elite and Long Distance Runners. IRD Editions, 2017.
7. Waiganjo, L. B., Wabuyabo, I. K., Bukhala, P., Elizabeth, M., Roseline, O., Ednah, S., Jasper, W. (2016). Prevalence of cumulative trauma disorders among Computer Work Station Users in Kakamega County, Kenya. *Asian Journal of Applied Sciences*, 04(05), 1057-1064.
8. Mugala, B. H., Wamukoya, E. K., Bukhala, P., Issah, W. (2016). Gender differences on motivation of Kenyan Primary School pupils towards participation in school sports. *International Journal of Sports Studies*, 6(2), 95-103.
9. Elizabeth Mse and Issah Kweyu (2012): Cardiac Sudden death: A Concern to Sports Fraternity; *Journal of Applied Biosciences* ISSN 1997- 5902 (article identity No. JAB-541-2011)
10. Issah Kweyu and Elizabeth Mse (2012): Analysis of team preparation and effect on injuries patterns during East Africa University Games accepted in *Journal of Applied Biosciences* ISSN 1997- 5902
11. Bukhala P. & Kweyu I. Peace and Security: Counter terrorism through sports, *Journal of Education and Social Sciences*, 3(1), p 116-119.
12. Nguka, G., Unnikrishman, P., Bukhala, P., Kweyu, I. (2016). Proceedings of Health and Wellbeing, Sustainable Development Goals (SDG No. 3) and Education for Sustainable Development.
13. Grace Mitambo and Issah W. Kweyu (2012). Towards Achieving National Goals of Education in Kenya: The Role of Shaolin Martial Arts in Physical Education Curriculum proceedings of The Ninth China Zhengzhou International Shaolin Wushu Festival held at Shanghai China October 2012. ISBN NO:1003-5176
14. Oloo, M. O., Kweyu, I. W., Ashiali, I. V. (2017). Review of randomized primary care physical activity counselling interventions. *International Journal of Current Research*, 9, (08), 55943-55948. Available online <http://www.journalcra.com/article/review-randomized-primary-care-physical-activity-counselling-interventions>
15. Oloo, M. O., Kweyu, I.W. (2017) Exercise and chronic diseases. *International Research Journal of Science and Research*, 6(10), 588-599. Available online at <https://www.ijsr.net/archive/v6i10/v6i10.php/> <https://doi.org/10.21275/ART20177057>.
16. Oloo M. O., Kweyu, I.W., and Jasper S. W. (2017). "Health Behaviour Intentions and Barriers to Physical Activity among Health Science Students: Exploring General Self Efficacy as a Mediator." *Journal of Physical Activity Research*, Vol. 2, No. 2, 101-106.

Available online at <http://pubs.sciepub.com/jpar/2/2/6> ©Science and Education Publishing DOI: 10.12691/jpar-2-2-6.

17. Oloo M. O., Jasper S. W., Edinah, S.M., Kweyu, I.W. (2017). “Effects of aerobic exercise on mood state of university students. A quasi-experimental approach”. *International Journal of Current Research*,9, (11),61107-61112.Available online at: <http://www.journalcra.com/article/effects-aerobic-exercise-mood-state-university-students-quasi-experimental-approach>
18. Edinah Sabiri*, Oloo Micky Olutende, Issah K. Wabuyabo, Vurigwa Esther (2018). Knowledge of Prenatal Exercise among Expectant Women from Selected Health Facilities, Kakamega County, Kenya. *Journal of Physical Activity Research*, 2018, Vol. 3, No. 1, 55-59 Available online at <http://pubs.sciepub.com/jpar/3/1/9> ©Science and Education Publishing DOI:10.12691/jpar-3-1-9.
19. Wabuyabo K. Issah, Vurigwa Esther, Mugala Hannington Bulinda, Bukhala Peter (2018). Knowledge on Effect of Exercise on HIV Infected Persons’ Health among Medical Students in Kakamega County, Kenya. *European Journal of Physical Education and Sport Science* ISSN: 2501 - 1235 ISSN-L: 2501 - 1235 Available on-line at: www.oapub.org/edu.
20. Micky Olutende Oloo², Maximilla N. Wanzala¹, Issah Kweyu Wabuyabo², Anthony Muchiri Wangui² (2015) Academic Self-Efficacy, Attitudes and Knowledge among Undergraduate Biostatistics Students. *European Journal of Education Studies* Volume 5 | Issue 12 | 2019 ISSN: 2501 - 1111 ISSN-L: 2501 - 1111 Available on-line at: www.oapub.org/edu. Open Access Publishing Group 214
21. Wangui Anthony Muchiri, Oloo Micky Olutende*, Issah W. Kweyu, Esther Vurigwa (2018). Meaning of Physical Activities for the Elderly: A Review. *American Journal of Sports Science and Medicine*, 2018, Vol. 6, No. 3, 79-83 Available online at <http://pubs.sciepub.com/ajssm/6/3/3> ©Science and Education Publishing DOI: 10.12691/ajssm-6-3-3
22. Issah K. Wabuyabo¹*, Edwin K. Wamukoya² and Hannington M. Bulinda³ ((2015). Influence of Islam on gender participation in sports among Muslim students in Kenyan universities. *Journal of physical education and sports management* Vol. 6(9) pp. 82-89, December 2015 DOI: 10.5897/JPESM2015. 0240 Vol. 6(9) pp. 82-89, December 2015. DOI: 10.5897/JPESM2015. 0240 .Article Number: 7772CB356230 ISSN 1996-0794.
23. Oloo Micky Olutendei, Jasper Situma Wekesa, Edinah Sabiri Mogaka, Issah Wabuyabo Kweyu (2018) Discriminant Analysis of Anthropometric and Biomotor Variables among Groups of Male University Athletes in Three Sports. *European Journal of Physical Education and Sport Science* Volume 4 | Issue 12 | 2018. ISSN: 2501 - 1235 ISSN-L: 2501 - 1235 Available on-line at: www.oapub.org/edu. Doi: 10.5281/zenodo.1473156.
24. Micky Olutende¹, Prof. Edwin Kadima Wamukoya¹, Dr. Maximilla Wanzala², Issah Kweyu Wabuyabo¹ (2021)“Predictors of Occupational Health and Safety Management practices in the Building Construction Industry, Kakamega Kenya” *IOSR Journal of Nursing and Health Science (IOSR-JNHS)*, 10(2), 2021, pp. 43-57.

25. Olutende, M.,Kweyui, I.W., Wanzala, M. and Mse, E.(2022) Risk Factors for Work-Related Mus-culoskeletal Disorders among Nurses in Kakamega County Kenya. Open Access Library Journal, 9: e8564.<https://doi.org/10.4236/oalib.1108564>

Membership and Affiliations

- Africa Association for Health Physical Education Recreation Sport and Dance
- Wilderness Medical Associates
- International Society of Comparative Physical Education and Sport (ISCPES)
- Peer reviewer for international journal Physical Education and Sports management.
- Peer reviewer for Education Research Reviews Journal.

HOBBIES:

- Volunteer life skills trainer
- Expeditions

REFFERIES

Prof. Edwin Wamukoya
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Prof. Peter Bukhala
Department of Health Promotion and Sports Science
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Presented a paper titled Clubs and Associations: A Tool For Achieving Holistic Excellence Among Students In The Institutions Of Higher Learning during sports clubs day held on 24th January 2022 at MCU mmust

Chief facilitator : Kakamega county staff teambuilding held at SOSA cottages on 1st – 3rd February 2022.